



# Lung Function Request Form

T: 1300 7732 10 (RSDC10)

F: 1300 7732 20 (RSDC20)

W: [www.RSDC.com.au](http://www.RSDC.com.au)

**RSDC Ferntree Gully**  
719 Burwood Hwy  
Ferntree Gully Vic 3156

**RSDC Wantirna**  
Suite 2A, Knox Private Hosp  
262 Mountain Hwy  
Wantirna Vic 3152

**Balwyn**  
55 Whitehorse Rd  
Deeppene Vic 3103

<b>Patient Details or Label:</b>		<b>Clinical Notes:</b>	
Name:			
DOB:			
Phone:			
<b>Tests Requested</b>		<b>Last Haemoglobin:</b>	
Spirometry Pre +/- Post Bronchodilator <input type="checkbox"/>		CC to:	
Gas Transfer <input type="checkbox"/>	MIPS/MEPS <input type="checkbox"/>		
FeNO <input type="checkbox"/>	Lung Volumes (Plethysmography) <input type="checkbox"/>		
Oxygen assessment <input type="checkbox"/> <small>(Apply for oxygen supplementation)</small>	6MWT <input type="checkbox"/>		
Bronchial Provocation Test (mannitol) <input type="checkbox"/>		<b>Doctor's Name:</b>	
Exercise challenge test <input type="checkbox"/>			
CPET (Cardiopulmonary exercise test) <input type="checkbox"/>		<b>Signature:</b>	<b>Date:</b>

Please turn over for test information

Please **STOP** breathing medications prior to test according to table unless you really feel like you need it.

Medication	Withhold hours
Salbutamol, Ventolin, Asmol, Atrovent, Bricanyl, Intal, Tilade & Airomir	6
Symbicort, Seretide, Flutiform, Serevent, Brimica & Bretaris	12
Spiriva, Seebri, Incruse, Anoro, Breo, Ultibro, Onbrez, Spiolto & Oxis	24

**No smoking for at least 6 hours prior to TLCO test.**

**No food or drink 1 hour prior to the test.**

Please also avoid consuming the following foods on the day of the test (if you are being tested for FeNO):

Vegetables	Fruit	Processed Meats
Spinach	Strawberries	Ham
Lettuce	Currants	Bacon
Beetroot	Raspberries	Salami
Celery	Cherries	Sausages
Chervil	Gooseberries	
Radish		
Turnip tops		

**Tests are conducted at:**

- 719 Burwood Hwy, Ferntree Gully
- Suite 2A at Knox Hospital Consulting Suites, 262 Mountain Hwy, Wantirna
- 55 Whitehorse Rd, Deepdene (Balwyn)

